

# SWITZERLAND YOGA RETREAT 2023

with Christine Hoar and Babsi Glanznig

August 12–20, 2023

REGISTRATION FORM (separate form required for each traveler)

Name.....  
Expiration date of passport.....  
Date of birth..... Gender: M..... F..... X.....  
Email.....  
Phone: home..... mobile .....

Address.....

City..... State..... Country..... Zip.....

Occupancy desired\*:

.....Standard single room: **\$3100**

.....Superior single room: **\$3400**

.....Standard double room: **\$2700**

.....Superior double room: **\$2900**

\*First come, first-served

Roommate request: Name .....

Traveling in a group, please name your friends .....

Traveling solo, please select a roommate for me .....

Dietary restrictions: vegetarian..... allergy..... other.....

(we try to accomodate you as best possible)

**\$600 non-refundable deposit due with registration form. FULL Balance due May 15, 2023.**

Signed..... Date.....

**Make checks payable to Ashtanga Montauk and mail to: Christine Hoar, PO Box 872, Montauk, NY 11954 or via Zelle to [christine.hoar@gmail.com](mailto:christine.hoar@gmail.com), or wire transfer.**

We look forward to sharing this experience with you!

**[christine.hoar@gmail.com](mailto:christine.hoar@gmail.com)**

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**[www.ashtangamontauk.com](http://www.ashtangamontauk.com)**